



January 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 	2 	3	4
7	8	9	10	11
CHILI FRIES GREEN SALAD	STEW CHICKEN WHITE RICE STEAM VEGETABLES	CHICKEN ALFREDO SALAD	CHICKEN SOUP (OR) CHICKEN CAESAR SALAD	PIZZA
14	15	16	17	18
SPAGHETTI MEATSAUCE GARLIC BREAD TOSS SALAD	SWEET & SOUR CHICKEN WHITE RICE STEAM VEGGIES	TACO SALAD	ROAST BEEF MASH POTATO FRIED PLANTAIN SALAD	HOT DOG (OR) SANDWICH
21	22	23	24	25
CHILI WHITE RICE GARDEN SALAD	CURRY CHICKEN WHITE RICE VEGETABLES	CHICKEN ENCHILADA FRUIT CUP TOSS SALAD	BBQ CHICKEN RICE & BEANS CORN ON COBB SALAD	SLOPPY JO
28	29	30	31	
	CHICKEN STRIPS & FRIES	SPAGHETTI MEATBALLS STEAM CARROTS TOSS SALAD	CHICKEN SOUP (OR) CHICKEN CAESAR SALAD	