





October 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 SPAGHETTI MEATBALLS STEAM CARROTS TOS SALAD	 CURRY CHICKEN WHITE RICE VEGETABLES	 TACO SALAD	CHICEKN ENCHILADA TOSS SALAD FRUIT CUP	HOT DOG (OR) SANDWICH
SWEET & SOUR CHICKEN WHITE RICE STEAMED VEGETABLES	CHICKEN ALFREDO SALAD	ESCOVEITHED FISH WHITE RICE VEGETABLES	CHICKEN SOUP (OR) CHICKEN CAESAR SALAD	HOT DOG (OR) SANDWICH
STEW BEEF RICE & BEANS COLESLAW	CHICKEN STRIPS & FRIES	SPAGHETTI MEATSAUCE GARLIC BREAD GARDEN SALAD	BBQ CHICKEN RICE & BEANS SALAD	PIZZA

MID TERM BREAK